

YOGHURT FONDUE

Ingredients

- Tub of your favorite yoghurt
- A selection of fruit.
Banana, strawberry, grapes, apple, pineapple, orange, kiwi fruit

Method

Cut fruit into bite size pieces and arrange on a plate

Place yoghurt in a bowl
Enjoy sitting around the table, dipping and laughing. Be prepared for a bit of mess and fruit dropped in the yoghurt—it's all part of the fun

COFFEE VOUCHER

5 Senses has kindly donated a \$20 voucher to all families who enroll at Stepping Stones.

In fine cafes throughout Australia, you'll find that the coffee behind the cafe is Five Senses. Now, the finest coffee can be delivered fresh to your door step. There's no reason to compromise on coffee at your place. Visit the 5 Senses website today and begin to enjoy coffee the way it should be ... at home.

The answers to many questions about Stepping Stones can be found at www.steppingstonescdc.com.au
For all others, email steppingstones.cdc@gmail.com or call Nikki on 9319 8034

Stepping Stones

Child Development Centre



NEWSLETTER # 1

JULY, 2009

You have been sent this newsletter because your child is registered with Stepping Stones Child Development Centre. Over the coming months we plan to keep you informed of the development of the Centre and provide you with information relevant to you and your child.

The Slab is Down!!

If you have driven down Fortescue Street in the last week you will have seen 250m² of concrete slab, waiting ready to support Stepping Stones Child Development Centre.

It's amazing to think that in seven months time that same piece of cement will be holding up freshly painted walls, and carrying classes of happy children waving 'see ya later' to their mums and dads on their first day of kindy.

Having been through this experience twice in the last two years with my two sons, I know that day can produce more tears for parents than for their children. I distinctly remember that feeling as I returned to the car after dropping Austin off for his first day at kindy. There was

a sense of pride and joy that our little boy was growing up, but also sadness that this day had come what felt like so soon, he seemed to be growing up too fast.



The freshly laid slab on which Stepping Stones will stand

Arriving back after two and a half hours to see Austin beaming with smiles and proudly showing off the painting he'd done was an amazing feeling, and who could ever forget

those big cuddles.

Stepping Stones will be a place where parents regularly beam with pride at their child's development. That 'concrete slab' will be a key location in the life of your family. There you and your child will produce life long memories, your child will be prepared for a life time of learning and living and your family will be supported to be the best it can be.

Take a drive by 6 Fortescue Street and over the next few months you will see steel, timber, lawn, playgrounds, plants and paint. You can stop and show your child their new kindy and let the journey begin

Phil Beeck
Physiotherapist/Pastor and Stepping Stones Board Member

Cooking with Your Child

Building communication into everyday life is fun and rewarding for you and your child. As a parent you are a powerful facilitator of your child's communication skills.

In a fun activity like cooking with your child, they can learn many important language and communication concepts like listening to and following instructions, learning new vocabu-

lary, learning to explain what I've done, requesting help, describing actions and objects, learning to use longer sentences, asking questions (eg What do we do next?) and social skills (giving eye contact, waiting my turn).

Some fun cooking ideas are

- Cookies cut into fun shapes and then decorated

- Faces on pikelets or biscuits
- Fruit kebabs
- Mini pizzas
- Decorated cupcakes

At Stepping Stones Child Development Centre stimulating children's language, communication and social skills is considered an essential component of our programme.

Ruth Darch
Speech Pathologist and Stepping Stones Board Member