

QUIZ NIGHT

Are You Smarter Than a Kindy Kid?

Come and find out at a fun fundraiser for Stepping Stones

7.30 pm

17th October

East Freo Baptist Church

(Cnr Canning Hwy & Fortescue St)

Tables of 6-8

\$15pp

Contact Kerry to book a table

0418 917 326

sales@iceoccasionswa.com



PARENTS INFORMATION SESSIONS

Come and meet the teachers,

hear from guest speaker

Leonie Scott on 'Building

Relationships in Your Family',

meet the other parents

in your class and ask any

questions you have about

Stepping Stones.

10am (with crèche)

OR

7.30pm (no crèche)

Monday 9th Nov

East Fremantle Baptist Church

Please RSVP if you intend to

come so we can

organise catering and child

mindng

steppingstones.cdc@gmail.com

or 9319 8034



The answers to many questions about Stepping Stones can be found at www.steppingstonescdc.com.au

For all others, email steppingstones.cdc@gmail.com or call Nikki on 9319 8034

Stepping Stones

Child Development Centre



NEWSLETTER #2

SEPTEMBER, 2009

We Love Books!

In an effort to raise my four boys as well as I can, I have learnt that reading stories to them is something that is really important. Not only does reading give me quality time with my boys, as a teacher I know the benefits it has for them and their development.

The more you read to your children the faster they are likely to pick up reading themselves. Hearing the sounds of words and word patterns is a great help to their own speech development. Reading also brings to life the imagination of children and widens their interests.

Put simply, reading is great for mum and dad and great for your child. Here are a few things I have learnt on the way with my boys.

- Set aside a special reading time together each day. Ten minutes is plenty and any time of the day can work.
- Choose a special reading place that is comfortable. The reading chair or couch or bean bag.
- Make reading an adventure by taking a book with you on an outing, to the park or a special place in the garden
- Encourage others to read to your children; family members, friends, older siblings

- Have plenty of things around the house and in the car to read and not just books (magazines, nature books, comics etc)
- Talk about books and reading whenever possible. I have found the car is a great place to make up our own stories that build on the skills they have learnt from being read to
- Make reading fun

Reading will be an important part of the program at Stepping Stones. We encourage parents to come and read a book with their child at the beginning of the session and we will have a special story time each session. It will be fun and exciting helping the children get ready for school.

Nikki Payne
Supervising Teacher
Stepping Stones CDC



Building Progress
Steel and Timber are up in the kindy.
It won't be long now till the roof and walls are in place!

Looking after Young Eyes

Did you know that the very first time you had eye contact with your child they might not have been able to see you very clearly at all?

The ability to properly focus at different distances, to track moving objects and even to differentiate between colours is not fully developed at birth. Although most visual development occurs fairly rapidly over the first 12 months,

children's eyes continue to change even during preschool and early primary years.



Instead of simply learning how to see, children must be able to see to learn as they start their early years of schooling.

Most eye specialists will recommend a comprehensive eye test at least once before children start preschool, so that simple vision problems can be picked up and treated.

Three easy eye health guidelines:

1. Have regular breaks from reading and close-up screen-based activities.
2. Avoid watching TV in a dark room (this places more strain on the eyes).
3. Eyes need to be protected from the UV rays in the sun, just like skin! Hat and UV approved sunglasses.

Loralie Parsonson
Optometrist
Secretary Stepping Stones Board

Stepping forward with families